

# ***Myringotomy Tubes***

## **HOME CARE INSTRUCTIONS**

- Remove cotton from ear(s) 2 hours following the procedure, if it's still in place.
- Cleanse the outer ear with a washcloth if necessary.
- **DO NOT** use cotton swabs such as Q-Tips®.
- **DO NOT** rinse out the ear at any time.
- **NO** swimming or submerging the ear(s) in water until cleared by your physician.
- Generally for children after 1<sup>st</sup> post op visit it is ok to swim in or bathe in treated water, but lake, river, or ocean water should stay out of the ear while tubes are in place.
- Use Tylenol® or Motrin® for discomfort as directed.
- For most children getting tubes, ear drops will be prescribed for the first 3 days after tubes are placed. (Usually 2-3 times per day).
- See your physician 1 week after surgery.

## **POSSIBLE SIDE EFFECTS**

- You may feel sleepy or nauseated for a short period of time.
- You may have discomfort in one or both ears.
- Tugging at the ears in children is normal after tubes for the 1<sup>st</sup> couple weeks.
- It is normal to experience a low-grade fever (99.5°-101°).

## **CONTACT YOUR PHYSICIAN**

- If you have pus or blood draining from one or both ears. Some pink tinged drainage immediately after surgery can be normal.
- If your pain is not controlled by Tylenol or Motrin.
- If you have a fever greater than 101.1°.
- If you have any questions or concerns.